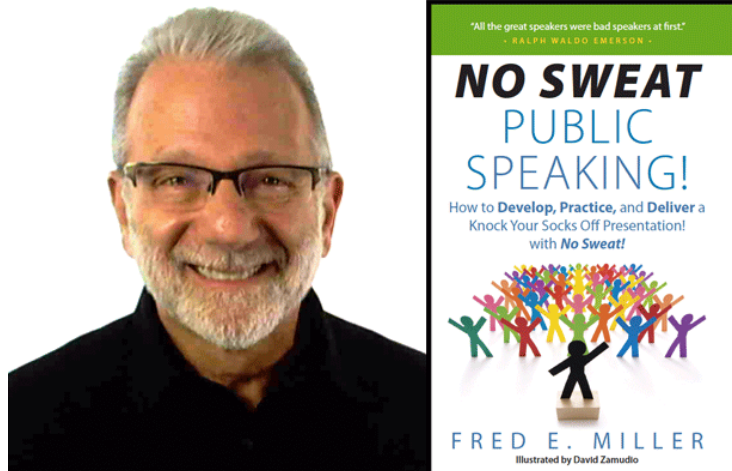


“NO SWEAT Public Speaking!”



Fred E. Miller is a speaker, an international coach, and an author.

His books: **“NO SWEAT Public Speaking!”** and **“NO SWEAT Elevator Speech!”** are purchased internationally and get rave reviews on Amazon.com.

He’s been interviewed locally, nationally, and internationally.

Businesses, individuals, and organizations hire him because they want to improve their Networking, Public Speaking, and Presentation Skills.

They do this because they know:

“Speaking Opportunities are Business, Career, and Leadership Opportunities!”

They also know we perceive really great speakers to be *Experts*. We like to work with *Experts*.

He shows them how to **Develop, Practice** and **Deliver Knock Your Socks Off Presentations!** with - **NO SWEAT!**

The title of his talk is:

“NO SWEAT Public Speaking!”

- Fred will talk about the Components, Parts and Elements of a Speech.
- He’ll give Tips to take a presentation from “Blah!” to “Ah!”
- Finally, he’ll address the Fear of Public Speaking - *Why ?* and Nuggets to Lessen it with - **NO SWEAT!**

Fred E. Miller
Fred@NoSweatPublicSpeaking.com
NoSweatPublicSpeaking.com