



“NO SWEAT! Public Speaking”

Fred E. Miller is a speaker, an international coach, and an author.

His books: **“NO SWEAT! Public Speaking”** **“NO SWEAT! Elevator Speech”** and **“NO SWEAT! Fear of Public Speaking”** are purchased internationally and get rave reviews on Amazon.com.

He’s been interviewed locally, nationally, and internationally.

Businesses, individuals, and organizations hire him because they want to improve their Networking, Public Speaking, and Presentation Skills.

They do this because they know:

“Speaking Opportunities are Business, Career, and Leadership Opportunities!”

They also know we perceive really great speakers to be *Experts*. We like to work with *Experts*.

He shows them how to **Develop, Practice** and **Deliver Knock Your Socks Off Presentations!** with - **NO SWEAT!**

The title of his talk is:

“NO SWEAT! Public Speaking”

- The Components, Parts and Elements of a Speech.
- Tips to take a presentation from “Blah!” to “Ah!”
- The Fear of Public Speaking - *Why?* and Nuggets to Lessen it with - **NO SWEAT!**

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